

# SEFER YETZIRAH 5.7



**משנה ז': (בבא א' מהראשונה) המליך אות ה' בשיחה**  
וקשר לו כתר וצרפן זה בזה וצר בהם טלה בעולם וניסן בשנה ורגל  
ימין בנפש זכר ונקבה: (בבא ב' מהראשונה) המליך אות ו' בהרהור  
וקשר לו כתר וצרפן זה בזה וצר בהם שור בעולם ואייר בשנה  
וכוליא ימנית בנפש זכר ונקבה: (בבא ג' מהראשונה) המליך אות ז'  
בהלוך וקשר לו כתר וצרפן זה בזה וצר בהם תאומים בעולם וסיון  
בשנה ורגל שמאל בנפש זכר ונקבה:

5.7: He made the letter Heh king over speech And He bound a crown to it And He combined one with another And with them He formed Aries in the Universe Nissan in the Year And the right foot in the Soul male and female.

He made the letter Vav king over thought And He bound a crown to it And He combined one with another And with them He formed Taurus in the Universe, Iyar in the Year. And the right kidney in the Soul male and female.

He made the letter Zayin king over motion And He bound a crown to it And He combined one with another And with them He formed Gemini in the Universe Sivan in the Year And the left foot in the Soul male and female.

*(Rabbi Aryeh Kaplan translation)*

5:7 IT made ruler the letter hey in conversation and connected to it a surrounding circle and combined this with this and formed with them Aries in the world, April in the year, and circulation-sex meridian in the person, male and female.

IT made ruler the letter vav in reflection and connected to it a surrounding circle and combined this with this and formed with them Taurus in the world, May in the year, and triple warmer meridian in the person, male and female.

IT made ruler the letter zayin in walking and connected to it a surrounding circle and combined this with this and formed with them Gemini in the world, June in the year, and lung meridian in the person, male and female.  
*(Doc Benton translation)*

With the groundwork that has been laid, we can now connect each of the twelve plain letters of the Hebrew alphabet with a constellation, a month, and an acupuncture meridian in the person. And, of course, each letter was previously connected, too, with a particular action or sensation that helps us define the boundaries of our world. In particular, *hey* is connected to *Aries*, *April*, and the *circulation-sex meridian*, and the activity of *conversation* or *speaking*. The letter *vav* is connected with *Taurus*, *May*, the *triple warmer meridian*, and the activity of *reflective thought*. The letter *zayin* is connected with *Gemini*, *June*, the *lung meridian*, and the activity of *locomotion* or *walking*.