

SEFER YETZIRAH 4.13



משנה י"ג: (בבא נ') המליך אות ר' בשלום וקשר לו כתר
וצרפן זה בזה וצר בהם שבתאי בעולם יום ששי בשנה ונחיר שמאל
בנפש זכר ונקבה:

4.13: He made the letter Resh king over Peace And He bound a crown to it And He combined one with another And with them He formed Saturn in the Universe Friday in the Year The left nostril in the Soul, male and female.
(Rabbi Aryeh Kaplan translation)

4:13 IT made ruler the letter resh in peace and connected to it a surrounding circle and combined this with this and formed with them Moon in the world, day six (Friday) in the year, and left eye in the person, male and female.
(Doc Benton translation)

The letter *resh* stands for *rachamim*, *compassion*, and *compassion* leads to *peace* and *wholeness*. Astrologically, the *Moon* represents the physical body as our interface with the world. It is, thus, connected with the home environment, bodily feelings and emotions, and with interactions and relationships with others. Hence, on *Fridays* I like to give a little more focus to the *relationship* between me and the world I live in and the restoration of *peace* to those *relationships*.