

MAT 108

TUTORED MATHEMATICS

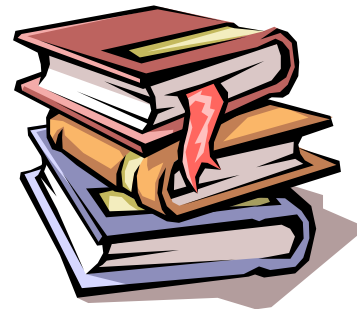
STUDY SKILLS WORKSHEET

Your Name: _____

Step One:

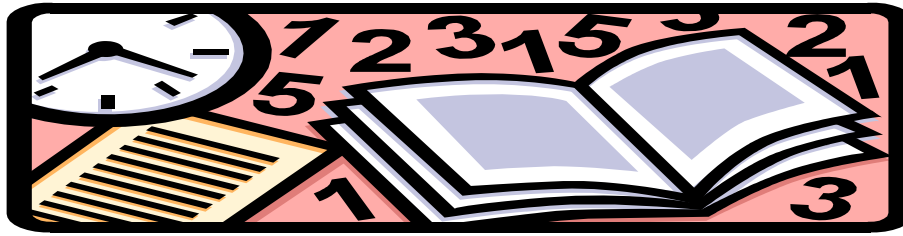
USUALLY	SOMETIMES	RARELY
3	2	1

Read each of the statements *carefully* and determine how frequently each applies to you. If you usually do it, give yourself 3 points. If you sometimes do it, give yourself 2 points. If you rarely do it, give yourself 1 point. If you have never even thought about doing it, leave it blank.



- | | | | |
|-----|-----|-----|--|
| ___ | ___ | ___ | 1. I schedule my math class at a time when I am mentally sharp. |
| ___ | ___ | ___ | 2. When I register for a math class, I choose the best instructor for me. |
| ___ | ___ | ___ | 3. If I have a choice, I select a math class that meets four or five times a week instead of one or two. |
| ___ | ___ | ___ | 4. I schedule the next math class as soon as possible after I have completed the current course. |
| ___ | ___ | ___ | 5. I am sure that I have signed up for the correct level math course. |
| ___ | ___ | ___ | 6. I study math every day. |
| ___ | ___ | ___ | 7. I try to look at my math homework immediately after math class. |
| ___ | ___ | ___ | 8. I have a specific time to study math. |
| ___ | ___ | ___ | 9. I have a specific place with few distractions to study math. |
| ___ | ___ | ___ | 10. When I have trouble with my homework, I see my instructor or I visit The Math Solution. |
| ___ | ___ | ___ | 11. I am careful to keep up to date with math homework. |
| ___ | ___ | ___ | 12. I study math at least 8 to 10 hours a week. |
| ___ | ___ | ___ | 13. I read my textbook before I come to class. |
| ___ | ___ | ___ | 14. If I have trouble understanding the text, I try to find an alternate text. |
| ___ | ___ | ___ | 15. I take notes in math class. |
| ___ | ___ | ___ | 16. I am careful to copy all the steps of math problems in my notes. |
| ___ | ___ | ___ | 17. I ask questions in class when I am confused. |
| ___ | ___ | ___ | 18. I am not afraid to see the instructor when I am confused. |
| ___ | ___ | ___ | 19. I try to determine exactly when I got confused and exactly what confused me. |
| ___ | ___ | ___ | 20. I review my notes and text before beginning homework. |
| ___ | ___ | ___ | 21. I work problems until I understand them, not just until I get the right answer. |
| ___ | ___ | ___ | 22. I use notecards for formulas and vocabulary. |

USUALLY	SOMETIMES	RARELY
3	2	1



- ___ ___ ___ 23. I develop memory techniques to remember concepts.
- ___ ___ ___ 24. I preview math tests before I begin.
- ___ ___ ___ 25. Before I begin a math test, I make notes on things such as formulas that I might need.
- ___ ___ ___ 26. I begin every math test by answering the easy questions first.
- ___ ___ ___ 27. I take the full amount of time allotted for a test.
- ___ ___ ___ 28. I carefully check or rework as many problems that I have time to before I turn in my math test.
- ___ ___ ___ 29. When tests are returned, I keep a log of mistakes I make on tests: concept errors, application errors, or careless errors.
- ___ ___ ___ 30. I keep up to date so that I don't have to cram the night before a test.
- ___ ___ ___ 31. I believe that I can succeed in math class.
- ___ ___ ___ 32. I have study partners in my math class.
- ___ ___ ___ 33. I take practice tests.
- ___ ___ ___ 34. I know several good relaxation techniques.

Step Two: Add up the total points of all three columns.

___ + ___ + ___ = _____ = **Grand Total**

If your Grand Total is ...

- 85 – 102** you have excellent math study skills
- 70 – 84** you have good study skills; choose a few strategies to work on each day.
- 55 – 69** you have average study skills; choose some of your weakest areas to work on until you are using most of the strategies described above.
- below 55** you are probably having a difficult time in math class; math may not be your trouble; more than likely, your main problem is the study strategies you are using (or not using).

Note: Used with permission of copyright holder. This information can be found on page 117 of The Study Skills Workbook, third edition, by Dr. Carolyn H. Hopper.